



Here you're among friends!



From the President's Desk

This month, we are opening the floor for nominations to our leadership positions: President, Vice-President, Treasurer, Secretary, and Member-

ship Chair. These five roles make up our board, and together they help guide the direction, spirit, and stability of our organization.

Candidates will be announced in May, and in June we will hold elections. The strength of our future depends on the care we take today in choosing the right people, individuals who bring steadiness, kindness, and a heart for service.

After three years, I want you to know that I will not be seeking another term as President. It has been an honor, to serve this community. This organization has allowed me to make new friends, share laughter, learn from one another, and watch our community grow closer and stronger. We are, in many ways, like pieces of a handmade quilt of different colors, different patterns, stitched together with care. No single square makes the quilt, but remove one and the whole thing loses its shape. Together, we create something warm, sturdy, and beautiful.

I look forward to walking with you into this next chapter grateful for the past, hopeful for the future, and proud of the quilt we've made together.

Warmly, Art

Two Retirees, One House: Pray for Us

By Art Dominguez, SPN Editor

For decades, we toil away at our jobs with one shimmering goal on the horizon: retirement. We imagine a jobless utopia where the alarm clock is silenced forever. A life where the retirement check appears in the bank every month like a benevolent fairy godmother. We picture ourselves strolling into the sunset with nothing on the agenda except naps, snacks, and maybe a little light puttering. It's paradise, pure and simple.

Then retirement arrives, and with it, the brick wall no one warns you about. You are now living with your spouse full-time. Not evenings, not weekends, not holidays, but all-the-time. The quirks and peculiarities you once found "endearing" when you only saw them for a few hours a day, you are now exposed to all day long and unfiltered from sunrise to bedtime. Suddenly the endless vacation feels less like a cruise and more like a jail sentence.

See PRAY on Page 2

Thank You, Senior Pals Volunteers

What a joyful day of service we shared at the Food Packing Event on Saturday, March 21st. Thanks to each of you who showed up, rolled up your sleeves, and brought your generous spirit, our Senior Pals group helped make this parish-wide effort a tremendous success. A Total of 79,920 meals were packed!



Pictured on left: Cordy Dominguez, and Susan Seybt. Pictured on right: Al Sabino, Cathy Landry, Art Dominguez, Sandra Warhol, Linda Saucedo, Cordy Dominguez, Carol Candy, Joan Sabino, and Dick Musial. We are grateful for each one of you.



Our Chief Fun-Forecasting Officer Reveals What's Next

This April's meeting will feature the exciting results of the trip survey conducted last month by **Martha Britton** our very own *Survey Scientist* and *Chief Fun-Forecasting Officer*. Thanks to her hard work (and your thoughtful responses), we now have a clearer picture of the activities, destinations, and adventures that spark the most joy among our members.

Martha will unveil what rose to the top, what surprised us, and which ideas made her wonder if we've all been watching too much Travel Channel. All of these are already inspiring the Trip Committee as they plan the months ahead. Think of it as our very own "State of the Trips" address with a lot more laughter and absolutely no politics.

Come enjoy the reveal, celebrate the collective wanderlust of Senior Pals, and get a sneak peek at where we may be headed next. Your preferences are shaping the journey, and Martha is steering the ship with her trademark enthusiasm and good humor.

April Speaker Spotlight: Adriana Flowers

This month we are delighted to welcome **Adriana Flowers**, who leads the **St. Anthony's Bread Food Pantry**, one of the most impactful ministries in our parish. Adriana and her team serve thousands of families each month, offering not only food but hope, dignity, and compassion to our neighbors in need.

As part of her visit, Adriana will share stories from the pantry, update us on the growing needs in our community, and give us a behind-the-scenes look at how this ministry operates with such grace and efficiency.

Let's give Adriana a warm Senior Pals welcome and show our support for the pantry's mission by helping fill a few shelves. Together, we can continue to be a blessing to our parish and our community.

PRAY from page 1

The first week is usually relaxing, courteous, almost sweet. You make breakfast together. You take a walk. You say things like, "Isn't this nice?" and "We should do this every day." But by Week Two, one of you is asking, "Do you always chew like that?" and the other is Googling "Is it normal to fantasize about separate apartments?"

It's not that you don't love each other. You do. Deeply. But love is one thing and listening to someone narrate the weather every morning is another. Retirement exposes every quirk that used to be safely tucked away during work hours. The humming. The sighing. The way they open a bag of chips like they're defusing a bomb. Offering helpful suggestions that are neither helpful nor suggestions.



Last Call Before our Merry Group of Seafarers Set Sail on a Mediterranean Adventure!

May 2nd thru May 12, 2026

Hurry! Join Senior Pals friends Linda Saucedo and Elaine Wilson for

an unforgettable journey across the Mediterranean Sea! This 10-day voyage begins in Naples, Italy, and returns to Rome, Italy aboard the Enchanted Princess. Stroll ancient streets, savor authentic cuisine, and share the beauty of Europe with your fellow Senior Pals. For details and booking, contact:

Debbi Davis - Debs Tours & Cruises

Phone: (214) 784-9685

Be sure to mention: Group TN4/Deb & Linda's Europe Getaway.

Senior Pals Theater Presents: On the Waterfront

Step back into the gritty docks of Hoboken as we screen the powerful 1954 classic, *On the Waterfront*.

Starring a young Marlon Brando in the role that cemented him as a Hollywood legend, this Oscar-winning drama delivers heart, tension, and one of the most iconic performances ever put on film.

Join us for an afternoon of great storytelling, memorable characters, and that famous line Brando made immortal. It's a perfect pick for anyone who loves a film with real moral punch and unforgettable acting.

Where: The Conservatory at Alden Bridge

When: Wednesday, April 15th,

Time: 1:00 PM with doors open at 12:30

Experts call this "role renegotiation" and they recommend the couples adopt "personal zones." Simply put, you need your own corner. A reading chair. A garage workbench. A craft table. A porch rocker. But even with personal space, the Chore Wars arrive right on schedule. Retirement has a way of revealing that your spouse has been doing things "wrong" for 40 years. You never noticed before because you weren't home to witness the chaos. But now? One spouse tries to help. The other tries not to scream. Both fail.

Dr. Samuel Ortiz, who studies household dynamics, says this is normal and warns that retired couples often "reinterpret helpfulness as interference." Translation: you think you're being useful; your spouse thinks you're ruining everything they hold dear. If your spouse wants to fold towels like origami swans, let them. You're retired you're not running a five-star resort. Then there's emotional adjustment. In every couple, one partner is usually the proactive communicator. And the other spouse, believes emotional growth is a conspiracy invented by talk-show hosts.

See *PRAY* on page 4



PALESPUZZLE



P	Q	R	M	T	L	X	A	V	O	N	U	E	H	D	I	Y	B	W	S
L	R	I	S	E	N	R	S	T	E	G	M	T	O	D	N	I	F	J	A
L	Y	Y	C	W	J	D	U	H	D	C	Y	A	I	L	R	M	R	L	L
G	S	M	E	K	J	E	D	I	H	R	H	L	B	A	S	K	E	T	B
C	N	T	G	P	O	B	Q	Y	P	U	W	O	R	S	J	E	D	C	I
R	D	E	G	L	H	T	N	C	S	V	K	C	H	U	R	C	H	Q	F
B	T	A	S	S	M	Y	B	U	N	N	Y	O	N	R	H	V	J	P	U
O	N	K	J	T	V	R	N	E	J	B	A	H	S	L	G	W	P	T	N
S	E	Q	P	A	D	U	A	M	A	J	T	C	E	O	I	R	N	H	U
O	L	V	D	J	O	E	C	Y	N	F	X	W	B	V	E	L	B	D	Q
D	Y	O	S	B	A	P	M	Q	V	M	F	I	N	W	D	D	I	L	R
N	C	K	U	S	P	V	F	A	M	I	L	Y	B	Q	O	E	F	E	T
A	F	W	T	E	D	Q	C	O	U	L	K	P	H	N	S	T	V	R	S
H	K	E	M	K	S	D	H	N	R	E	P	E	N	T	A	N	C	E	Z
O	R	N	I	E	V	H	F	B	P	R	C	G	B	U	M	D	A	S	G

Word Finder

Hidden within the scrambled letters are the 15 words listed below. Search for them across, up, down, diagonally, and even backwards. Take your time, enjoy the hunt, and see how many you can find. Clues on the last page.

Basket	Fun
Bunny	Hide
Chocolate	Lent
Church	Lilies
Easter	Padua
Eggs	Repentance
Family	Risen
Find	



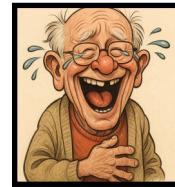
Happy Birthday!



Richard Robinson	04/07
Art Dominguez	04/07
Maureen Buckley	04/10
Martha Britton	04/11
Jim Meyer	04/13
Nidia Drewery	04/14
Diane Weynand	04/17
Gloria Ellis	04/18
Diane Carrol	04/21
Suzanne Bradley	04/22
Maureen Nicka	04/22
Ginger Otto	04/23
Arlene McGuire	04/26
James Dolan	04/28
Julie Baca	04/30

Who do you share a birthday with...

Francis Ford Coppola	04/07/1939
William Booth (Founder of the Salvation Army)	04/10/1829
Dr. James Parkinson	04/11/1755
Thomas Jefferson	04/13/1743
Adrien Brody	04/14/1973
Clarence Darrow	04/18/1857
Golda Meir	04/21/1898
J. Robert Oppenheimer	04/22/1904
James Buchanan	04/23/1791
William Shakespear	04/26/1564
James Monroe	04/28/1758
Willie Nelson	04/30/1933



Grandpa's April Jokes

- ⇒ At my age, the Easter egg hunt is a little different. I hide the eggs then spend the next two hours trying to remember where I hid them.
- ⇒ I asked the Easter Bunny why eggs are so expensive this year. He looked tired and said, "Have you seen the price of chickens lately?"
- ⇒ My doctor said I need more exercise. So this Easter I plan to bend down, pick up a chocolate egg and lift it repeatedly to my mouth.
- ⇒ When you're young, Easter means candy. When you're middle-aged, Easter means hosting dinner. When you're a senior Easter means hoping the grandchildren leave some candy behind.

April Lunch Outing: BJ's Restaurant & Brewhouse

Spring is in full swing, and it's the perfect time for good food and even better company. Our April lunch outing will take us to **BJ's Restaurant & Brewhouse**, located at 19075 I-45 N (Frontage Road) a favorite spot known for hearty meals, and friendly service.

Join us on **Tuesday, April 21st at 12:30 PM** as we settle in for a relaxed afternoon of conversation, laughter, and a menu with something for everyone. Whether you're in the mood for a classic burger, a fresh salad, or one of their signature deep-dish pizzas, you'll find plenty to enjoy. Bring your appetite, a friend, and come share a good meal with great people. Thank you **Carla Chambers** for setting up another great outing.

