

Community Resource List

HEALTHCARE

- Conroe Veteran's Affairs (VA) Clinic –936-522-4000
- HCA Houston Healthcare Conroe – 936-539-1111
- Houston Methodist The Woodlands – 936-270-2000
- Interfaith Clinic The Woodlands – 281-364-7889
- Lone Star Family Health Center (Conroe, Huntsville, Spring, Grangerland, Willis) – 936-539-4004
- Medicaid and Children's CHIP – 1-800-MEDICARE
- Memorial Hermann The Woodlands – 713-897-2300
- Montgomery County Public Health Clinic Conroe – 936-523-5020
- Montgomery County Hospital District – 936-523-5100
- Pregnancy Assistance Center North (PACN) Conroe – 936-441-6442
- Pregnancy Center The Woodlands – 281-367-1518
- St. Hope Foundation Clinic Conroe – 936-241-2440
- St. Luke's Health - The Woodlands Hospital – 936-483-2280
- Texas Children's Hospital The Woodlands – 936-267-5000
- UTMB Clinic- Conroe – 409-266-1888
- Birthright in Conroe – (936) 756-3220
- Oak Ridge North Community Clinic (Medical/Dental, call for appt) – (281) 298-3718
- WIC Program – (800) 942-3678
- Loving Choice – (832) 559-7239
- Good City Health – (346) 331-6260
- Needy Meds (Prescription Assistance) – www.needymeds.org
- The Medicine Program (Prescription Assistance) – www.themedicineprogram.com
- MCHD Health Care Assistance (Health Insurance) – (936) 523-5100
- Molina Health Care (Health Insurance) – 1-800-964-2777

MENTAL HEALTH

- Mental Health Resource Center – 936-494-4357
- Mosaics of Mercy – 346-703-0051
- Tri County Behavioral Health – 936-521-6100
- SHSU Jack Staggs Counseling Clinic – 936-202-5012

- Interfaith Community Clinic – (281) 364-7889
 - Catholic Charities Houston – 866-649-5862
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CRISIS HOTLINES

- Suicide and Crisis Lifeline – 988
 - National Human Trafficking Hotline – 1-888-373-7888
 - Yes to Youth – 936-756-8682
 - Montgomery County Women’s Center – 936-441-7273
 - National Domestic Violence Hotline – 1-800-799-7233 (Text “START” to 88788)
 - Tri County Behavioral Healthcare – 1-800-659-6994
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LEGAL

- Dispute Resolutions Center Conroe – 936-760-6914
 - Lone Star Legal Aid – 936-539-2130
 - Houston Bar Association Legal Line – (713) 759-1133
 - Houston Lawyer Referral – (713) 237-9429
 - Houston Volunteer Lawyer Program – (713) 228-0735
 - Montgomery County Women’s Center – (936) 441-4044
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PUBLIC HEALTH RESOURCES

- CDC.gov – 1-800-232-4636
 - Respiratory Illness (COVID-19, Flu, RSV): [cdc.gov/respiratory-viruses](https://www.cdc.gov/respiratory-viruses) – 1-800-232-4636
 - COVID Treatment Locator: treatments.hhs.gov – 1-800-232-0233
 - COVID Info & Vaccines: [COVID.gov](https://www.covid.gov) / [Vaccines.gov](https://www.vaccines.gov) – 1-800-527-7251
 - Vaccine Accessibility (Disability Rights Texas): disabilityrightstx.org – 1-800-880-8401
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FINANCIAL

- Community Assistance Center – 936-539-1096
- Creative Outreach Ministries – 936-449-4357
- Mission Northeast – 281-354-1200
- St. Vincent de Paul – Conroe Financial Assistance Line – 936-539-1188
- The Salvation Army – 936-760-2440

- St. Anthony's – St. Vincent de Paul (SVdP) – (832) 482-4145
 - Interfaith of The Woodlands – (281) 367-1230
 - Montgomery County Emergency Assistance – (936) 539-9211
 - Sacred Heart Conroe – St. Vincent de Paul (SVdP) – (936) 756-8186
 - Spring Area Assistance Ministries – (281) 353-4480
 - St. Matthias the Apostle (Magnolia) – SVdP & Food Pantry – (281) 259-7300
 - St. Simon & Jude – St. Vincent de Paul (SVdP) – (281) 367-9885
 - Woodlands United Methodist Church – St. Stephens – (281) 297-5900
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SHELTER

- BridgeWay Youth Shelter – 936-890-1132
 - Campus of Hope – 936-521-6000
 - Eagles Nest – 936-703-3084
 - Family Promise – 936-441-8778
 - Heaven's Army – 832-401-7965
 - Journey Home – 832-289-8257
 - Montgomery County Women's Center – 936-441-4044
 - The Salvation Army – 936-760-2440
 - Under Over Fellowship – 936-447-0258
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FOOD PANTRIES

- Conroe Church of Christ – 936-756-8988
 - Meals on Wheels – 936-756-5828
 - Montgomery County Food Bank – 936-271-8800
 - St. Vincent de Paul – Conroe Food Pantry – 936-539-1188
 - The Salvation Army – 936-760-2440
 - Compassion United, Terry's Table – 936-274-3799
 - St. Anthony's Bread Food Pantry – (832) 482-4210
 - Interfaith of The Woodlands – (281) 367-1230
 - Nourishment for the Needy – (281) 292-2695
 - Stone Bridge Church on FM 1488 – (281) 363-9292
 - Gateway Church – (281) 363-4500
 - The Abundant Harvest Kitchen – (281) 474-3673
 - Impact Church of The Woodlands – (281) 363-0220
 - St. John of the Cross – (281) 399-9008
 - St. Matthias the Apostle – (281) 259-7300
 - The Woodlands First Baptist Church – (281) 356-5521
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GENERAL SERVICES

- Children's Books on Wheels – 281-844-7596
- God's Garage – 936-286-8000
- Habitat for Humanity – 936-441-4663
- Hands of Justice – 936-442-1089
- Inspiration Ranch – 281-719-9322
- Rainbow Room – 281-914-9841
- Sleep in Heavenly Peace – 713-702-8766
- Texas Health & Human Services – 936-539-1161
- United Way – 211
- Volunteers of America – 936-647-6170
- Workforce Solutions – 936-441-0037
- Interfaith Employee Assistance Center – (281) 367-1230 (*Employment/Job Training*)
- Lone Star College Career Service / Job Placement – (936) 271-6218 (*Employment/Job Training*)
- Woodlands United Methodist – Between Jobs Ministry – (281) 297-5900 (*Employment/Job Training*)
- Trinity Episcopal Church (The Woodlands) – (281) 367-8113 (*GED Classes*)
- Worksource – Conroe – (936) 441-0037
- St. Isidore Episcopal Church – (936) 520-0803 (*English as a Second Language*)
- WoodsEdge Church – (832) 279-9447 (*English as a Second Language*)
- Lite Up Texas – (866) 454-8387 (*Low Income Energy/Phone*)
- Reliant Energy Care Program – (713) 207-7777 (*Energy Assistance*)
- Compassion Community Care Center – (281) 364-7889 (*Energy Assistance*)
- MET Fatherhood Program – (832) 401-6180
- Montgomery County United Way – (281) 292-4155 (*Helpline & Referral Service*)
- United Way of Texas – 211 (*24 Hour Helpline & Referral Service*)

CLOTHING

- Assistance League – 936-760-1151
- Angelic Resale (St. Vincent de Paul Thrift Store) – 936-441-5433
- Community Assistance Center – 936-539-1096
- St. Vincent de Paul – Conroe Clothing Assistance Line – 936-539-1188
- Guardian Angel Closet – (832) 732-7248